

TRANSITIONS PROGRAM STEPS

1. CONTACT US

Individuals can sign-up for the Transitions Travel Training Program by calling the MWRTA at 508-935-2222 and ask to speak with a Transitions Travel Trainer.

2. EVALUATION

A trained Travel Trainer will meet with the individual and create a tailored travel plan to fit the individual's needs.

3. TRAINING

The Transitions Travel Trainer will work with an individual or a group from start to finish, to ensure the level of independence is achieved in riding the fixed route bus system independently.

4. FOLLOW-UP

Travel Training varies by the individual and their travel needs. Whether a person has worked with a Travel Trainer once or for several months, MWRTA will follow-up to ensure the individuals travel training goals were achieved, and that they are now able to navigate the Fixed Route bus system with ease.



DON'T WAIT ANY LONGER

Your ride to independence

has arrived!

Call the MWRTA at 508-935-2222
and ask to speak with a
Transitions Travel Trainer.



MWRTA TRAVEL TRAINING



**BLANDIN HUB
15 BLANDIN AVE.
FRAMINGHAM, MA 01702
(508) 935-2222**

WWW.MWRTA.COM

 **FOLLOW US: @ MWRTA**

FREQUENTLY ASKED QUESTIONS

WHAT IS TRANSITIONS?

Transitions is a comprehensive program with instruction designed to teach seniors, individuals with disabilities, and those new to the MetroWest area and public transportation, how to travel safely, efficiently, and independently on the MetroWest Regional Transit Authority (MWRTA) fixed route system.

WHAT TYPES OF TRAINING ARE OFFERED?

1. One-on-One Training
2. Classroom / Group Training
3. Train the Trainer

WHO SHOULD PARTICIPATE IN TRANSITIONS?

Individuals who are at least 12 years old, and have the desire and motivation to become more transit independent.

WHAT IS THE TRAVEL TRAINER RESPONSIBLE FOR?

The travel trainer is responsible for making sure the participant experiences and understands the reality of riding on the MWRTA fixed route system and learns the skills required for safe and independent bus travel.

TWO SCENARIOS OF TRAVEL TRAINING AVAILABLE:

- 1. GENERAL:** Learn to travel throughout the entire MWRTA Fixed Route system.
- 2. DESTINATION-BASED :** Learn to travel to and from a specific destination (for example: doctors office, post office, train station, pharmacy, library, shopping areas, place of employment, etc.)



OUTCOMES OF TRANSITIONS PROGRAM

TRANSITIONING TO A MORE INDEPENDENT LIFESTYLE

RECOGNIZING BUS NUMBERS

ARRIVING ON TIME AND SAFELY TO DESTINATIONS

NOTICING DIFFERENT TRANSFER POINTS THROUGHOUT THE SYSTEM

SURENESS WHILE TRANSFERRING FROM ROUTE TO ROUTE

INCREASED TRAVEL CONFIDENCE

TRAVELING WITH AN AWARENESS OF YOUR SURROUNDING ENVIRONMENT

INCREASED KNOWLEDGE OF MWRTA FIXED ROUTE SYSTEM

ORIENTATED COMFORTABLY TO THE FIXED ROUTE SYSTEM

NAVIGATING THROUGHOUT THE MWRTA FIXED ROUTE SYSTEM

STAYING ACTIVE IN THE COMMUNITY